



WHAT'S FOR LUNCH

MENU

*We Specialize in catering
family style meals for
business events*

*To place an order:
Phone: 512.388.6062
E-mail: orders@whatsforlunchaustin.com*

www.whatsforlunchaustin.com

Breakfast

Traditional \$7.85

Scrambled eggs, scrambled eggs with cheese, bacon, sausage, tortillas, croissants, fresh fruit, butter, jelly and salsa. Served with orange juice and coffee. Biscuits can be substituted for croissants.

Casseroles \$7.85

Served with tortillas, salsa, fresh fruit, orange juice and coffee.

- Sausage, Egg and Cheese
- Potato, Egg and Cheese
- Farmer's Casserole - ham, hash browns, egg and cheese

Breakfast Taco Bar \$7.85

Build your own tacos with eggs, bacon, sausage, potatoes and cheese. Served with tortillas, salsa, fresh fruit, orange juice and coffee. *(Refried beans available upon request).*

Blueberry Cream Cheese

French Toast Bake \$7.85

Thick slices of French bread stuffed with cream cheese and blueberries and baked in a rich custard until golden brown. Served with maple syrup and bacon or sausage, fresh fruit, orange juice and coffee.

Migas \$7.85

Scrambled eggs with onions, peppers, tortilla strips and a blend of cheddar and jack cheeses. Served with refried beans, warm tortillas, salsa, fresh fruit, orange juice and coffee.



Make it a Bar!

Salad Bar \$8.60

Spring and romaine lettuce, grilled chicken, breaded chicken, turkey, ham, shredded carrots, cucumbers, olives, cheese, croutons, bacon, tomatoes, walnuts, cranberries, ranch, balsamic and Caesar dressings. Served with warm, buttery rolls.

Baked Potato \$10.85

Steaming hot potatoes with chicken, chili, cheese, butter, sour cream, chives and bacon. Served with spring and garden salads with fresh dressing.

Hamburger Bar \$9.60

Fresh ground sirloin patties, (grilled chicken breast and veggie burgers on request), assorted cheeses, pickles, onions, lettuce, tomato, assorted condiments, buns, chips, spring and garden salad and fresh dressings. Add baked beans or potato salad for \$.50 per person.

Fajita or Taco Bar \$10.85

Both bars include: Spanish rice, refried beans, fresh salsa and pico de gallo, sour cream, shredded lettuce, romaine lettuce, cheese and jalapeno ranch.

Taco

Spicy ground beef and seasoned grilled chicken, served with crispy corn shells and soft flour tortillas.

Fajita

Beef and chicken fajitas served with sauteed peppers, onions and soft flour tortillas.



Sandwiches and Wraps \$8.35

Served on a Kaiser roll, hoagie roll or tortilla wrap. Includes dessert, beverage and your choice of chips or pasta salad. Add fresh fruit or homemade soup for \$1.25 per person. Add fresh garden or spring salad for \$1.00 per person.

Chicken Salad

Creamy chicken salad with lettuce and tomato.

Ham

Black Forest ham with Swiss cheese, lettuce, tomato and honey Dijon.

Turkey

Oven roasted turkey with Swiss cheese, avocado, tomato, lettuce and lemon pepper mayo.

Roast Beef

Thin sliced roast beef with sharp cheddar cheese, lettuce, tomato and horseradish mayo.

Raspberry Chipotle Chicken

Chicken breast, avocado, spring greens, Colby jack cheese and raspberry chipotle sauce.

Veggie

Portabella mushroom, chunky avocado, cucumber, sprouts, green leaf lettuce, tomato, Colby jack cheese and lemon pepper mayo.

Southwestern Wrap

Spicy Chicken, black beans, rice, corn pico, cilantro, tortilla strips, shredded cheddar and southwestern ranch.

Caesar Wrap

Grilled chicken, romaine lettuce, parmesan cheese and Caesar dressing.

Hot Sandwiches or Wraps \$8.85

Served on a Kaiser roll, hoagie roll or tortilla wrap. Includes dessert, beverage and your choice of chips. Add fresh fruit or homemade soup for \$1.25 per person. Add fresh garden or spring salad for \$1.00 per person.

Chicken Cheese Steak

Grilled chicken, onions, peppers and provolone.

The All American

Black Forest ham, oven roasted turkey, provolone, American cheese and spicy mustard. Lettuce, tomato, pickle and onion served on the side.

Grilled Chicken

Marinated grilled chicken breast, cheddar cheese and honey Dijon. Lettuce, tomato, pickle and onion served on the side.

BBQ Chicken

Shredded chicken topped with a tangy BBQ sauce and covered with sharp cheddar cheese. Lettuce, tomato, pickle and onion served on the side.

Buffalo Chicken

Breaded chicken with our tangy buffalo sauce and topped with Swiss cheese. Lettuce, tomato, pickle and onion served on the side.

Breaded Chicken

Crispy baked breaded chicken breast, topped with Monterey Jack cheese and raspberry chipotle sauce. Lettuce, tomato, pickle and onion served on the side.

Grilled Portabella

Portabella mushroom sauteed in olive oil, garlic, onions and peppers, topped with provolone and lemon pepper mayo.



Entrees

Entrees are prepared group style for a minimum of 10 people and include: 2 sides, beverage and triple chocolate brownies or chocolate chunk cookies.

Chicken, Beef or Veggie Kabobs \$9.60

Skewered and grilled with peppers, onions and mushrooms.

Monterey Chicken \$9.85

Grilled chicken breast smothered in spicy Monterey jack cheese.

Swiss and Mushroom Chicken \$9.85

Grilled chicken breast with grilled mushrooms and Swiss cheese.

Grilled Chicken \$9.60

Grilled boneless chicken breast, lightly seasoned and served with our chili garlic cream sauce.

Baked Breaded Chicken \$9.60

Oven baked and served with raspberry chipotle sauce.

Grilled Salmon \$9.85

Fresh salmon lightly seasoned, oven broiled and served with our homemade chili garlic cream sauce or remoulade.

BBQ Glazed Pork Chops or Chicken \$10.60

Chicken and boneless pork chops marinated and braised with our homeade BBQ sauce.

King Ranch Chicken \$9.60

Our version of this Texas classic. Corn tortillas, spicy chicken and creamy sauce layered together and covered with melted cheddar and Monterey jack cheese.

Enchilada Casserole \$ 9.60

Choice of spicy ground beef or chicken layered with corn tortillas and a homemade verde or rojo sauce, topped with melted cheddar and Monterey jack cheese.

Meat Loaf \$9.60

Choice of beef or turkey. Savory and comforting, this classic is oven baked and hugged with a brown sugar ketchup glaze.

Beef Tenderloin \$10.60

Juicy beef tenderloin, seasoned with olive oil, salt and papper, oven roasted and served with a creamy horseradish sauce on the side.

Beef Tips and Rice \$9.60

Tender cuts of beef seasoned, seared and oven roasted, then covered with mushroom gravy and served over rice.

**Add a third side to any entree for \$1.25 per person



Pasta

Pastas are prepared group style for a minimum of 10 people. For groups of 20 or more, feel free to choose more than one pasta. All pastas served with spring and Caesar salads, fresh dressing, garlic bread, beverage and dessert.

Pesto \$9.60

Penne pasta tossed in garlic pesto sauce with portabella mushroom, tomatoes, mozzarella and parmesan cheese.

Stuffed Shells \$9.60

Jumbo pasta shells stuffed with ricotta and parmesan cheeses, covered in alfredo marinara sauce and a dollop of pesto.

Lasagna or Veggie Lasagna \$9.60

Layers for pasta, meat sauce, mozzarella, ricotta, parmesan and fresh herbs.

Southwest Chicken Pasta \$9.60

Penne pasta and tender chicken breast tossed in a creamy cheese sauce, with spicy tomatoes, bell peppers, onions and bacon. Topped with crispy tortilla strips and melted cheddar cheese.

Ravioli \$9.60

Spinach and ricotta stuffed half moon pasta, topped with rich marinara and parmesan cheese.

Chicken Parmesan \$9.60

Crispy breaded chicken covered in a rich marinara and melted mozzarella and served over a bed of spaghetti. Substitute chicken with portabella mushroom for a delicious vegetarian option.

Sides

Green Beans with Bacon

Green Beans Almondine

Roasted Spring Veggies

Roasted Asparagus with Parmesan

Roasted Squash and Zucchini

Mashed Potatoes

Loaded Mashed Potatoes

Parmesan Mashed Potatoes

Garlic Mashed Potatoes

Roasted Sweet Potatoes

Rosemary Roasted Potatoes

Creamy Macaroni Salad with Veggies

Glazed Carrots

Buttered Corn

Veggie Medley

Steamed Broccoli

Seasoned Rice Pilaf

Pineapple Rice

Spanish Rice

Refried Beans

Baked Beans

Potato Salad

Caprese Pasta Salad

Macaroni & Cheese



Desserts & Snacks

*Fruit Tray
Dessert Tray
Banana Pudding*

*Triple Chocolate Brownies
Chocolate Chunk Cookies
Cheesecake Bites*

Pound Cake “fries” with raspberry sauce “ketchup”

Afternoon Snack \$5.50

A veggie tray with ranch, fruit tray with sweetened vanilla yogurt and a cookie/brownie tray. Includes beverage.

How it Works

There is a minimum order of 10 people per event. Volume Pricing is available for larger events.

Please provide 24 hours notice for all orders. 25% fee for all day of cancellations.

We deliver to the greater Austin area. An 15% delivery and set-up fee is added to each order. Meals are served in disposable trays for easy clean up. Plates, cups, serving ware and utensils are included with every order.

WFL is a full-service catering company that's been serving Austin businesses for more than five years. We take pride in prompt, dependable service. All of our meals are prepared fresh to order daily and can be customized to fit your needs.

Please consider us for all of your business events: Trainings, Seminars, Conferences, Birthdays and other celebrations - We do balloons and cake, too!

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